Each student should produce a floor plan/diagram of their partner gymnastic sequence. Notes should be written to accompany the plan and explain how the sequence was developed (state how and who created/formed a movement, include adjustments that were made). Each pair of students will perform a gymnastic sequence that includes the following ideas: a starting position; a counter-balance balance; a counter-tension balance; over, under and around without contact; over, under and around with contact; supporting part of a person's weight; supporting all of a person's weight; jumping, rolling and balancing as an individual; movement in unison with the partner; movement in canon with the partner; movement that contrasts with the partner; movement in different directions in the space; partners facing different directions; a finish position.